STAGES OF MOLLUSCUM



INITIAL - BEGINNING MOLLUSCUM

Molluscum starts as tiny pin sized bumps on the skin often in clusters. Eczema may be present.



DEVELOPING MOLLUSCUM Over several weeks bumps grow and become

clearly visible with pus forming.



PURULENT - PUS HEAD MOLLUSCUM Molluscum develops into 2 to 5 mm lesions

containing pus which is contagious and spreads the infection. A central dimple may or may not be present.



INFLAMED MOLLUSCUM

Molluscum and surrounding skin may become inflamed. If the bump has not been pierced or scratched this can indicate molluscum is reducing.



BURST MOLLUSCUM

When pus heads burst or are scratched molluscum appears as an open sore and molluscum infection is likely to spread These open lesions should now be treated like a small wound, kept clean and covered



YOUR MOLLUSCUM

A typical molluscum infection will consist of some or all of these stages. Refer to this guide when using Mollenol for molluscum

Your Objectives

- Stop the spread
- Dry the pus heads
- Heal the lesions
- Eliminate infection
- Stop re-infection

IDENTIFYING MOLLUSCUM

The molluscum virus enters the body through hair follicles, scratches and tiny breaks in the skin then incubates for two to eight weeks to appear as tiny pin sized bumps often in clusters.

Over time molluscum grows into pustules commonly with a central dimple. See Stages of Molluscum section.

In bright light identify the location and stages of molluscum present. Look everywhere including under hair and around genitals. Check all family members. Everyone with molluscum should use Mollenol.

The first step is to limit the spread of molluscum. Stop having baths, shower instead. For babies, shorten the length of bathing. Don't bathe children together or in the same water. Use liquid soap not soap bars. Don't share towels, bath cloths or bath toys Don't scratch or pierce molluscum. Dress in long sleeve and long leg clothing to cover any molluscum. Wash clothes, towels and bed linen often in high temperature water. Improve general hygiene.

Concentrate on pus head molluscum by applying Mollenol and covering with a waterproof strip (a bandaid, tape or hydrocolloid patch). Apply Mollenol at least once per day. Extensive molluscum infection may require up to four applications per day. Be patient and persistent.

Store Mollenol at room temperature. Do not refrigerate. Shake before use. Read this guide thoroughly. Retain for reference.



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mollenol for

molluscum contagiosum

HOW TO USE MOLLENOL

STARTING

Read this guide thoroughly. Identify where and what type of molluscum are present. Refer to the Stages of Molluscum section.

Start slowly, especially with young children and on sensitive areas. The first application of Mollenol should be a small patch test. Use your finger tip or a q-tip to apply. Shake before use. Concentrate on the largest molluscum and the worst infected areas first.

If a waterproof strip (a bandaid, tape or Mollenol patch) is used then one application of Mollenol per day is a minimum. If molluscum is not covered with a bandaid or patch Mollenol should be applied 2 to 4 times each day. Do not apply Mollenol to open or burst molluscum and avoid contact with eyes. Do not over apply Mollenol. Wash hands after use.

PUS HEAD MOLLUSCUM

Apply Mollenol to each pus head molluscum bump. Cover with a bandaid or patch to contain any pus. Molluscum pus carries the contagious virus which spreads the infection.

CLUSTER OF MOLLUSCUM BUMPS

Molluscum often appears in clusters which may have larger molluscum surrounded by pin sized beginning stage bumps. Firstly, apply Mollenol to pus head molluscum and cover with a bandaid or patch. Repeat once per day. Apply a thin smear of Mollenol to beginning stage molluscum bumps 2 to 4 times per day. Do not rub in. Keep covered with clothing if possible.

MOLLUSCUM SPREADING

Molluscum incubates in the skin for 2 to 8 weeks and then appears as small bumps which grow and develop. Any new outbreaks of molluscum are due to contact with the virus several weeks earlier. This contact could have been with the initial source of the infection or cross infection from existing bumps. Mollenol often exposes hard to see beginning stage bumps.

EXTENSIVE MOLLUSCUM INFECTION

Molluscum can become widespread covering large sections of the body with many bumps in various stages of growth. Apply Mollenol to large pus head molluscum first. Work through the infection day by day, bump by bump, cluster by cluster. If too many molluscum are present work on one area at a time. It is vital to improve general hygiene to limit the spread (refer to Molluscum and Hygiene).

MOLLUSCUM ON THE FACE

Apply a small amount of Mollenol Sensitive and a patch for larger molluscum. Apply 2 to 4 times per day if no patch used. Do not rub in. Be very careful to avoid the eye area.

MOLLUSCUM UNDER HAIR

Molluscum often grows under hair in various parts of the body. Apply Mollenol or Mollenol Sensitive up to 4 times per day to ensure an adequate quantity of Mollenol reaches hair obstructed molluscum.

MOLLUSCUM ON THE GENITALS

Use Mollenol Sensitive only for molluscum on the genitals and anus. Go slowly and carefully. Apply a small amount to one molluscum bump at a time. Ensure minimum spread to surrounding area. A warming sensation may be felt when Mollenol is applied to the genitals. Apply 2 to 4 times per day.

SCRATCHED OR BURST MOLLUSCUM

Molluscum which have burst or been scratched are at risk of secondary bacterial infection. These lesions should now be treated like a small wound, kept clean and covered with a bandaid. Do not apply Mollenol.

SENSITIVITY

Some children especially those with eczema, burst or scratched molluscum bumps are more sensitive to treatment. Shake Mollenol well and use the tip of your finger to apply a thin smear to the head of only one bump at a time 30 minutes after showering. Wait 5 seconds and apply a little more, wait, repeat building up the application of Mollenol on each bump. Avoid scratched or burst molluscum and eczema. Contact help@mollenol.com



MOLLUSCUM AND INFLAMMATION

Molluscum can inflame after application of Mollenol and so may surrounding skin, especially under a bandaid or patch. Inflamed molluscum which has not been pierced or scratched can indicate that molluscum is reducing. Inflammation of a cluster of molluscum can look like a rash.

STUBBORN MOLLUSCUM

Some molluscum do not respond quickly. This is because the molluscum virus has penetrated deeply and there is a thick layer of skin forming the bump. Apply Mollenol and always cover with a bandaid or patch. With especially stubborn molluscum leave the bandaid or patch on for 2 days to soften the head of the bump.

ECZEMA AND MOLLUSCUM

Eczema and dry skin frequently appear with molluscum. Apply Mollenol directly to the head of molluscum avoiding eczema. Reducing molluscum often lessens eczema and limits the spread of molluscum.

MOLLUSCUM AND HYGIENE

Molluscum is very contagious. It can be contracted directly from an infected person or indirectly from objects. You can spread molluscum over your own body and to other people. Cut fingernails and wash hands regularly. Change bed linen and clothing frequently. Wash towels daily. Don't share towels, toys or clothing. Limit physical contact with molluscum infected areas. Cover pus head molluscum with a bandaid or patch.

WARNINGS & PRECAUTIONS

Not to be taken. External use only. Keep out of reach of children. Avoid contact with eyes, burst or scratched molluscum and eczema. Do a patch test first. Do not over apply. Shake before use. Do not remove the flow restrictor in the neck of the bottle. Use only as directed. If symptoms persist consult a healthcare practitioner. This information is not a substitute for professional healthcare advice.

STORAGE

Mollenol is all natural and contains no chemical stabilisers. Mollenol may be cloudy or solidify at low temperature. Mollenol should be stored and used at room temperature (22°C/72°F). Do not refrigerate. Always shake before use.

FOR SUPPORT

help@mollenol.com - www.mollenol.com We are here to help you use Mollenol.



— with Clove & Tea Tree —